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and dirt for the vital ingredient of the rain medicine, and after a while close relatives secretly dig a grave at Maulwi, the place where to-day the sacred drums are also kept. The grave is deep, for the queen must stand upright, 'taking care' of her country, and facing to the north, whence her ancestors came. The body is wrapped in a greenish-black cloth, a portion still of what was brought from the north, and over it is wound the skin of an ox. The hearse proceeds from the village secretly at night, and, as the great must rest, the bearers stop every few yards. Sacred beads, a calabash of water, a firebrand, the grains upon which people live and (in the old days) the body of a man, the 'mat' of the chief, are interred with the queen. The calabash and firebrand, used also to expel a usurper, provide the essentials for the 'journey' to be undertaken. A slab of stone covers the mouth of the grave and facilitates the re-opening whenever rain medicine (*mufugo*) is to be poured into it. The grave is not all at once filled up with soil; it is guarded against enemies, who might destroy the country with the medicine the body provides; and it is said that a wooden structure, on which the watchers sleep, is built over the grave. The soil at last reaches the neck, but the head must be left uncovered for perhaps six months, until it has completely decomposed.

A year later the district heads are assembled at the capital, the death is announced and the drum beaten, and people shave their heads. It is said that foreigners entered the country at the peril of life and belongings. When the hair has grown and the mourning period ends, all fires in the country are put out. This same fire-rite figures, as far as a district is concerned, at the installation of its head, and as far as the whole country is concerned, when all-pervasive impediments to rain are removed. It essentially consists—we have described it briefly in Chapter XV—of putting out fires with medicine (*mufugo*) by boys who receive the medicine at the capital, and of a chain of payments, by the women to the married men for the firebrand obtained from the *khɔrɔ* to re-light their fires, by the men to the boys for their services in the rite, and by the boys to the official keeper of the *mufugo* at the capital. Two distinctive patterns are explicit in this rite: fire in its aspect of a valuable commodity and as almost the prerogative of the chief, to whom his subjects must pay a royal 'fire tax'; and fire in its aspect of giving out deleterious 'heat', which must be counteracted by 'cooling' with *mufugo* (*hu fuga*, to blow upon by a cool breeze, to sprinkle with 'cooling' medicine).

Fire also belongs to a third pattern which links it up with crises or great changes, ritualizes its value, and uses it to extinguish an evil or to purify a state of defilement. In their present cultural connotation among the Lovedu, these three patterns are implicit in the nature of fire, but they do not always merge in ritual situations, and, as far as the evidence of the cultures of the Northern Transvaal go, they belong to different cultural configurations. This evidence seems to indicate that the 'royal tax', through which authority is asserted and acknowledged, came from the Karanga, that the association with purification and 'transitions' was borrowed from the old Sotho, and that the conception of 'heat' as the antithesis of health of body and well-being of the country, was contributed by a wider and less easily determinable culture substratum. The

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significance of the fire rite at the accession of a queen can be understood only in the context of the three patterns as they have been integrated into Lovedu culture and become merged in the rite.

Firstly, fire figures in the borrowed 'transition' rites, but not in the girls' puberty rite (*khɔba*). Midway in the sacred fire of the boys' circumcision (*vudiga*) is its central shrine at the place where the chief initiate (*washe*) sits. In the sanctum of the Bird of the *vyali* there is an undying fire. The end of these 'schools' is spoken of as 'a burning down' (*hu swa*): the fire destroys all the distinctive things of the 'school', the lodge, the tables, the tiniest bits of grass that fell from the dancing performers, and, as the lodge burns, the initiates, turning their backs upon it, may not look round and are irrevocably severed from their past. Again, when 'the country is not right' and has to be re-established or purified of its pollution with 'cooling' medicine (*mufugo*), a transition is implied, for it is said, 'The fires are put out to usher in a new year'. The same conception reappears when *mufugo* is used before the accession of a new queen.

Secondly, the firebrand, as the symbol of authority, figures in the warrant (*khiso*, i.e. firebrand) given by the queen which authorizes district heads to hold 'schools'. This warrant of authority is most strikingly evident in the firebrand and calabash handed to a disaffected noble or would-be usurper as an intimation that he is expelled from the country. It has merged with the *mufugo* rite enacted to render the earth receptive to the power of rain magic or to herald the accession of a queen; and here it takes the form of a 'royal tax' vicariously exacted through the women, their husbands, the boys sprinkling the medicine, and the keeper of the *mufugo* at the capital.

Thirdly, 'beating out' of fires with 'cooling' medicine belongs to a complex of rites for counteracting the harmful effects of 'heat', a conception explained in Chapter XII. 'Heat' not only arises from the contamination of death, but is the concomitant of disease, weakens the charms (*dithugula*), impedes rain, and defiles the earth. In all these cases it is combated with 'cooling' medicine, as we describe elsewhere. In addition, the *gɔma* drums are prevented from losing their concentrated power by the 'cool' river stones in them, witches are thwarted by protective charms (*diphaba*) in which the products of the sea are the most powerful elements, and the 'heat' of the ancestors' anger is 'cooled' with *mufugo*. The death of a queen 'dries up' or 'heats' the whole country, which has to be cooled as a preparation for the new ruler.

Thus in the fire rite at a queen's accession, the culture is handling complicated and all-important conceptions. The pervasive evil corrupting the country must be neutralized; the relationship of ruler and ruled, superior and inferior, must be visibly reasserted; and there must be enacted a momentous new start marking the inception of a new destiny and preparing the universe for the reception of the next rain-maker. The fire rite on this occasion symbolizes a mighty purification and 'transition', epitomizes the allegiance of subjects and the authority of the queen, and inaugurates a cosmic order in which the magic of a new rain-maker may be suspiciously manifested. That, in the Lovedu cultural context, is the meaning of the fire rite.

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end of the horn being closed by a piece of beeswax, in which a small hole can be made when the mouth is applied for suction. Vein-cutting, however, requires greater skill, though even this operation is outside the province of the diviner. A vein on the back of the hand or on the instep is lifted with an awl and cut with a piece of iron or a razor blade. When enough blood has run out, cold water is applied and the cut held tightly with the fingers to stop the bleeding. This is a common treatment for illness believed to be due to unwanted blood in the body.

Scarification, except in the mutual inoculation and blood mixing of husband and wife prior to their first sexual intercourse after marriage and after the death or miscarriage of a child, is a treatment that is directed less at the evils of blood than towards a strengthening of the body or part of the body by the insertion of medicine. It is used in curing headache, for sprains and broken limbs, and for all 'strengthenings', such as that prior to taking a child out of the hut for the first time or the 'fixing' of one's body against witches. For general strengthenings, incisions are made on all the joints and on other parts of the body, such as head and neck depression, which are considered important. Scarification is, with the drinking of medicine or eating of powders, quite the most common form of medical treatment; it is used in the home as much as by diviners and forms part of many other treatments, such as the vapour bath. By far the most interesting form of scarification is, however, '*hu themela*' (vaccination) against smallpox in which matter from the pustules of affected persons, mixed with other medicines, is inoculated to introduce the disease in a mild form. It is done on the dorsal side of the wrist or on the forehead, a pattern which supports the claim that it was known prior to the advent of the European; moreover, the ingredients of the serum used by Europeans are not known. Possibly the treatment was borrowed from Arabs, who were the first to study smallpox and measles. The old method was still widely practised in the 1938 smallpox epidemic, for, though it was realized that it 'called' the disease instead of curing it, people noted that, despite European vaccination, there was still much illness.

Steaming and the vapour bath also form part of the practical elements in Lovedu medicine. There are various forms of steaming and smoking, all of which go by the same term. To 'loosen' a cough, chips of a certain root may be placed in a pipe with a live coal and smoked; to purify a person after a death, chips are charred on a potsherd and the smoke inhaled through a reed; before being taken out of the hut, a new-born child is held naked in the smoke of burning chips or root and bark; boils and other swellings are brought to a head by the application of the steam of boiling roots. To cure fever or general weakness of the body after an illness and for purification of husband and wife after the death of a child the procedure is more complicated. Red-hot stones are put into a large pot of medicated water and when it bubbles and boils the patient, naked except for a cloth passed between the legs, is covered with a blanket and steamed. After much spluttering and shouting, he is taken out, sprinkled or washed down with cold water and then either scarified on the joints or subjected to *hu hata*—that is, a river stone is pressed on the joints and is later taken back to the river. This treatment is considered too drastic

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772 821 they deprecated his lack of practical sense and wondered whether he was losing his reason. What is significant to the Lovedu is not the origin but the maintenance of the order of nature. Interest in the continuity of natural forces centres, however, not on an abstract system, but on the benefit of man or rather of the Lovedu people. Among these forces the most important are those governing the auspicious movements of clouds and their transformation into rain. But they stand in no relation to the forces that brought the world into existence. Among Lovedu, in contrast for example to Oceanian peoples, there is consequently complete discontinuity between mythological origins, or the forces that operated at the dawn of the world, and present realities or the forces maintaining the existing order. Even the ancestor gods do not bridge this gap, and man's dependence upon them—and hence the force of religious sanctions—derives not from their relationship to the beginnings of things but from kinship principles.

773 Myths play an insignificant part in Lovedu life. Almost the only myths are legends of the institution of the present political order which give a generalized account of the migration of the royal nuclear group from Rhodesia and of the reigns of the various chiefs. There is no attempt in them to intensify the beliefs or validate the institutional arrangements underlying the sacred kingship. It is not these myths that give warranty to the queen's mystical credentials and to the complex of customs that supports them. Indeed today scant credence is accorded by the younger men to the legendary royal ancestry which traces the descent of the nuclear group to the Karanga of Monomotapa in Southern Rhodesia, for the Lovedu find it difficult to believe that they are related to a people who now appear to them to be inferior, lacking the prestige and aristocratic pretensions of their reputed ancestors. In one version of the myth the Lovedu broke away from Monomotapa under the younger 'chosen' son to whom the previous chief had given the rain-charms. He fled south as a result of his conflict with the eldest brother who had legal precedence. In another, it is a daughter who, having committed incest with her brother, escapes with the rain-charms and her infant son from her outraged father.

783 262 The legends are further concerned to explain the settlement of the Lovedu in their present environment: their choice was determined by the absence of red earth which would soil their loincloths and the abundance of *murula* trees and mounds of edible termites, both of which are valued and ritually significant items in their diet. A later dissension between two claimants to the throne is presented as a conflict between chief son and chosen son, and again the victory of the chosen son vindicates the divine right of the rain-maker against legal precedence, and in that way appears to justify the present flexible system of succession as against the challenge of the Northern Sotho emphasis on primogeniture and certainty. Just as the title to becoming ruler of a new tribe is in one version validated by the incest of brother and sister, so the later and equally momentous change from kings to queens is brought into relation with father-daughter incest.

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was not announced for a year, while, as the body decomposed, such vital ingredients of the rain-medicine as the skin and body-dirt were carefully collected; after the announcement a period of anarchy often supervened as rival claimants marshalled their armed forces for the struggle for the throne. At the end of this year of mourning all the fires of the country were put out with purificatory rain-medicine (*mufugo*) from the official keeper at the capital.

This fire rite symbolizes purification of the country as well as a transition from one order to another. At any time when the country is not right (*naha a e loge*), as when there is severe drought, the fires are put out 'to usher in a new year' (i.e. a new order or period of operative forces). But the fire rite also symbolizes the means through which the allegiance of subjects and the authority of the queen are asserted. Finally, the beating out of the fires with cooling medicine is part of a complex of practices connected with heat and cold, symbolizing respectively dysphoria and euphoria. The 'earth is hot' (*mavu a fesa*) on the death of the queen and a new cosmic order has to be inaugurated by cooling it in preparation for the new rain-maker.

After the fire rite there follows the divine identification of the successor by the rite of opening the door. The rival claimants, one of whom, chosen by the inner royal council and the deceased queen, has been secretly prepared for his office, pass the hut in which the queen has died. They announce their identity to the spirit of the deceased, lightly touching the door of the hut, which yields to the chosen successor.

In and around the inner secret council where the choice is actually made centre serious tensions, not only between the present ruler and the heir-elect for whose sake and succession she must poison herself, apparently not always willingly, but also between those who depend for their position and prestige upon the patronage of one or the other. The 'chosen' heir always goes to live far away, ostensibly to conceal his or her identity but in reality also owing to a serious conflict with the reigning sovereign.[1]

For the regulation of cosmic forces the queen relies not only on her divinity but also upon the royal rain-medicines and, in the last resort, on the agreement of the royal ancestor spirits. To prevent the weakening of the rain-medicine it must be revitalized by being given the first termites and first-fruits each year, and occasionally parts of a black sheep or, in the old days, a human being.

Rain-charms are liable to weaken (*figehela*) or become defiled (*khuma*) by certain deviations from the normal course of nature unless special precautions are taken. Twins, babies cutting their upper teeth before their lower, women dying in pregnancy, abortions and miscarriages, men dying from *dere*, a deadly coughing disease believed to be contracted by having sex intercourse with a woman who has had a miscarriage or abortion or whose child has died before weaning—all these are deviations which contaminate the earth, causing it to be 'hot', and therefore have to be buried in wet soil or

[1] Males are not debarred from succession; indeed the early rulers were all men. But a definite preference for women rulers seems now to be firmly established.

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cooled with rain-medicine. The polluted corpse (called *pukudi*, the opposite of *fuga*) is thought of as thrusting up an arm and waving it about to disperse the rain.

It is the duty of the queen each year to *thea* or 'establish' the season propitiously for her people. Certain district heads who are close relatives of the queen have rainpots which they revitalize every year with medicine from the queen and stir them up at the queen's command to ensure a propitious season. In the old days the year was 'established' also by the beating of the sacred drums (*gɔmana*) and a visit to the royal ancestor graves, but this has fallen into disuse.

If there is drought or if the rain does not come at its appropriate time, people say the queen has not changed the year properly and steps are taken to approach her. Royal relatives may approach her personally or complain in her hearing that she is killing her people by withholding rain; district heads may formally pay homage (*hu lova*) with gifts of £1 or a head of cattle, or may bring a troupe of dancers to please her and invoke her pity at the spectacle of people dancing when they should be hoeing. The songs (*lesugu*) are associated with offerings to the ancestors and with rain. If these efforts are of no avail diviners are consulted to determine the cause of drought—the rain-charms may have been 'weakened' or evil practices of witches may have prevented rain. In 1937 the people were told at a tribal gathering to report lightning 'sent' by witches, and shortly afterwards, when lightning had struck a tree near a village, boys were sent to sprinkle every house in the area with *mufugo* to 'cool' the lightning. Witches may also disperse rain by hanging up medicated branches which sway in the air. If it is an ancestor that is 'holding the queen's hands' he or she has to be propitiated by the sacrifice of a black beast or sheep on the grave.

When winds frustrate the efforts of the queen to make rain, especially when a gale disperses auspicious black clouds, people come to condole with her as if she had lost a relative, and it is taboo to work in the fields the next day, just as it is on the day after the first rain of the season and on certain other occasions.

The queen is 'Transformer of the Clouds', the changer of the seasons, and guarantor of their cyclic regularity, but she can exercise her powers auspiciously only in certain conditions and in 'agreement with the ancestors'.

Digɔma

The fourth category of forces by which nature is regulated in the interests of man consists of *digɔma* which are associated more especially with changes in the status of man. A *gɔma* is primarily a drum, but as an abstract concept it is particularly identified with the power concentrated in the drum cult. This cult includes the large complex of institutions connected with rites of transition, of which the year-long *vyali-vuhwera* (fertility cult) is one. A *gɔma* is thought of as something mystical and secret, awesome and esoteric. The circumcision 'school' for boys is called a *gɔma* which is said to 'bite'

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of twins, abortions, miscarriages, and women dying in childbirth, or by the cosmic chaos resulting from the death of the chief. 'Hot blood' is one of the commonest causes of illness. *Leswa* (burning) is primarily a physiological condition of a woman resulting from abortion and it may be transmitted to the man who has intercourse with her, who then contracts the dreaded and fatal *ɗɛrɛ*, a coughing disease considered to be quite different from consumption (*lefiha*). 'Heat' affects the physical potency of medicines and charms, the mental repose of the gods, the mysterious powers of *dithugula*, and the welfare of the whole country. It stirs (*dzusa*) the gods to anger and it activates the criminal propensities of witches.

'Heat' and 'cold', then, are all-important conceptual categories which are brought into relation with the functioning of the physical, mental, and emotional forces in man, in the ancestors, and in nature. Wherever 'heat' is considered to be generated, the proper antidote is the administration of 'cooling' medicines, i.e. substances which have the property of counteracting the heat or soothing the burning. The remedy is to put right what is wrong (*hu logisa*), to secure a return to normal conditions by cooling agencies. If the whole country is in an abnormal condition (*a e loge*, literally, is not right) all the fires must be sprinkled with *mufugo* medicine (*hu fuga* means to blow upon with a cool breeze). Sources of heat to the earth, e.g. twins, abortions, must be buried in wet soil; ancestor spirits aroused by 'heat' (anger) have to be calmed by squirting water (*hu phasa*) on objects once in their possession or over their graves. Cooling medicines likewise counteract that burning of the fingers which constrains witches to do evil, while charms protecting the village against witches are often called *mashɔthɔjɔ* (things causing coolness). In all these cases the active reagent in the medicines is some substance having 'cooling' properties, such as the river stones guarding the entrance to villages or built into shrines of ancestors, the succulent bulbs used in the rite for the removal of the 'dirt' (*khitshila*) of death, the great overhanging fig-trees shading shrines, the green undigested chyme from a sheep or goat's alimentary canal that figures prominently in ritual. Much medical ingenuity goes into the manufacture of powders and decoctions which, owing to their special cooling properties, will counteract heat; and it is not surprising that the Lovedu way of curing malaria is to [illegible] drugs that will drive out the 'heat' by means of profuse perspiration. 'Heat' is most commonly caused by abnormalities associated with the procreation and the actual or threatened destruction of human life—hence the close association of 'heat' with sex, reproduction, and death.

Another malignant force, *muridi* (shadow), is conceived as evil cast by certain conditions. It infects those upon whom it falls, but if they are healthy, the effect upon them is invisible and harmless, though they become carriers who may transmit the contagion to others with whom they come into contact, especially those whose resistance is weak, such as new-born babies and sick people. 'Shadow' thus explains the spread of contagion, not by direct contact but through an intermediate unaffected carrier. *Muridi* is

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not a real or mystical shadow in our sense of the term, but an evil and contagious force conceptualized, on the analogy of a shadow, as an invisible counterpart of certain conditions. The sources of 'shadow' are such conditions or events as death, activities connected with human reproduction, including sex intercourse, the early stages of pregnancy, birth of twins, miscarriage (regarded as death), women during confinement, irregular appearance of the teeth, e.g. upper incisor before lower or molar before incisor. 'Shadow' is accordingly connected with many of the same kind of irregularities as generate 'heat', but it appears to be differentiated as an independent concept for the purpose of dealing with its effects on the health of people who are peculiarly susceptible to defilement.

Precautions are taken to protect the sick against the influence of *muridi*. A sick person is smeared with medicines or quarantined like a new-born child by means of a medicated stick placed across the entrance to his hut to warn off carriers of 'shadow' and counteract the 'shadow' of anyone unaware of his condition. If there is an epidemic in a village and the general vitality and resistance consequently are lowered, people may be told to refrain from sex intercourse lest *muridi* make the illness worse. In the smallpox epidemic of 1938 people cohabiting were said to have the disease in a worse form than others. When a child is ill, its parents refrain from sex intercourse. A warrior who slept with his wife the night before battle would be easy prey to the enemy. A man sleeping with his wife may not approach a slaughtered animal before its stomach has been pierced nor help skin it without first smearing his hands with (usually cooling) medicine, lest *muridi* affect the meat and cause stomach trouble (*makhuma*) to those eating it. Children whose teeth appear irregularly (*leshega*) are full of *muridi* and were killed in the old days. But today they are treated by a doctor and have to be careful never to bite others, for the wound will not heal and there is always difficulty in obtaining the necessary antidote, namely, scrapings from the teeth of the *leshega*. Cross-roads and river fords are secondary sources of *muridi* since the 'shadow' carried by unsuspecting hosts infects these places. For this reason pregnant women are not supposed to go on long journeys from home.

Muridi is a much more limited concept than 'heat'; it is invoked mainly to account for the aggravation of illness or the susceptibility to illness or other injury of persons contacting defilement. It does not affect the country generally, and it furnishes an alternative to witchcraft as an explanation of the aggravation of ailments or the failure of illnesses to yield to ordinary remedies.

Muridi in a more virulent form is called *leridi* (ominous or menacing shadow), which infects a warrior who has killed an enemy and who is in grave danger of becoming mad or very quarrelsome unless purified. An allied concept is that of *letala* (sinister track) derived from the idea that, if a woman is cohabiting with two men one of whom gets ill, the track of the other, should he approach near or within earshot of the sick person, will

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cause the latter to die by aggravating his illness. Similarly a man's mistress must avoid coming near the hut of his wife when she is ill or in childbirth, lest the mistress's sinister track endanger the life of the wife.

Makhuma (from *hu khuma*, to mix) is a concept which uses the analogy of contamination by mixture or contact to account for physical weakening, wasting away or enfeeblement (*hu figchela*). The situations that constitute the chief source of *makhuma* are critical transitions in the life of the individual as well as serious crises such as severe illnesses. The evil contaminates or infects the person who has undergone the change or who, in the case of death, comes into contact with its baneful influence. He seems to suffer from loss of vitality, or to become dislocated because of the change in his condition.

The measures taken to combat *makhuma* are in the first instance preventive. Strengthening medicines are administered or inoculated to fortify the individual by anticipation; thereafter, under isolating conditions that are gradually relaxed, an adjustment is made to the new situation. Thus novices in the various initiations are medically treated in anticipation of their susceptibility to *khuma* on entering their new condition. Babies are fortified (*hu thuswa*, to be helped) by scarification and steaming before they leave the hut of confinement; kin and other inmates of the village must after a death be readjusted by means of medicines and other treatment to the change caused by the death lest they *khuma*. *Makhuma* also affects possessed people who fail to use medicine with the first-fruits. A man will *khuma* if he cohabits with a woman after the death of her child unless she has first been medically purified, and she must also be careful not to give food to other children before treatment lest they get ill and die. If one baby dies, any illness its successor may have is liable to be diagnosed as due to *makhuma*. Even cattle may *khuma* after a death in the village or if a woman enters the cattle fold.

By logical extension and the invocation of a further series of presuppositions the concept is applied to the bones of a diviner, which are liable to *khuma* (lose their diagnostic powers) every month—they are said to 'see their moons'—or when used to divine about a death, and must be washed in medicine before being used again. Similarly the queen's rain-medicine will *khuma* unless given the first termites and first-fruits, or when people neglect observances connected with the burial of those who are 'hot'.

The evils differently conceptualized in the notions of 'heat', *makhuma* and 'shadow' have this in common: they are all instances of a ritual impurity, generated by certain states or conditions, not because of their morally reprehensible nature but because of their abnormality or their relation to reproductive processes or critical changes in life. 'Heat' and 'shadow' appear to be different aspects of the same kind of ritual impurity, but 'shadow' is dangerous only to someone whose resistance is low because of illness or immaturity, while 'heat' may have deleterious effects not only on healthy people but on natural phenomena, on ancestor spirits, and on

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783 charms or *digoma*. *Makhuma* which arises from critical transitions causes mainly stomach trouble and general debility in men and cattle; but it also causes weakening of the mystical powers concentrated in sacred objects. These ritual forces do not strike down the guilty person: it is, for example, not the husband who will be revenged if the adulterer approaches the hut of his wife; or when a woman has procured an abortion, it is not she but her innocent lover who will be affected with *dere*, the most dreaded disease among the Lovedu. The harmful effects of all these forms of impurity are not sanctions against the acts or events causing the impurity, but sanctions for taking the necessary precautions to remove the impurity and prevent it from spreading to others, or from causing some calamity not necessarily affecting the guilty person. And, as so often happens in Lovedu society, it is generally *ex post facto*, and as an explanation of some illness or evil that these conceptions are invoked and steps are taken to put things right.

784 The concatenations of actions and conditions that must be avoided lest they bring about misfortune and evil to men are wider than what is included in the conceptions of 'heat', *muridi*, and *makhuma*. Many things or natural objects brought into relation with men have evil consequences and must be avoided: they are taboo (*hu ila*). Burning a certain kind of wood in the village causes quarrels; working in the fields the day after the first rain is taboo, not sanctioned by a penalty but the breach of which is a bane (*lesola*) that may portend evil. The breach of these taboos is disapproved but leads to no organized reaction or public indignation even where it affects the welfare of all, as in the case of a wrong burial. A man who sleeps with his wife while she is still suckling a child may thereby cause the death of his child; but it is his own foolish and inconsiderate conduct that causes the mother's breast to *khuma* (become polluted and weakened), and it is not the concern of outsiders. He is a fool rather than criminal.

753 Many things in nature are recognized as directly affecting man adversely; various foods and drinks cause stomach troubles; poisonous weeds may kill cattle which, like men, occasionally die of old age; many minor illnesses are attributed to natural causes, e.g. one may contract malaria by walking in the dew in the early morning. Epidemics may be brought about naturally

[821] by the air or wind (*phefo*). 'Ward off from us these winds' is a constant plea in prayers to the ancestors. Hot, dry winds which drive away rain-bearing clouds or dissolve them in thunderstorms or gales are thought to be specially detrimental to the rain, and it is the duty of the ancestors to keep away

[828] such winds. Even anxiety or worry wears a man down (*ku sefa mutho a homana*, lit., scrapes a man thin). A woman who is prone to break her pots is not bewitched; she has *khifyuisa*, a natural propensity for breaking, which can be cured by medicine.

777 The Lovedu also have the conception of natural accident (*gozi*) and of luck (*lesheto*), though bad luck is sometimes attributed to breach of obligations to kin, to malicious gossip, or to the misconduct in one's absence of one's wife.

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attached to possession and no socio-economic stratification of classes; for a great man, whether he be poor or rich, is first and foremost a royal relative, and the purpose of economic activities is self-sufficiency and independence. Trade is disliked and competition is absent even in craftsmanship. So marked is the disinclination to make comparisons that it is difficult to obtain any expression of opinion concerning the relative merits of things that Europeans quite naturally compare, such as the achievements of individuals or objects of craftsmanship.

Children are taught 'to be like others', not to strive to outdo them and precociousness is disliked. A child asking for sweets often says 'Give me also', even if no one else has been given any on that occasion. He begs for what others may receive, not a special advantage for himself. When favours are asked from the ancestors the prayer is quite often phrased, 'Give us also', or 'Let him have health like others'. To stress, before the ancestors, a desire for personal achievement in competition with or greater than that of others would be improper. Contrast with this the opportunities for and love of competition in Zulu society where every boy is constantly measuring himself against others, vieing with them in fights, in dress, in love-making, in dancing, for leadership and praise.

The give and take, absence of competitiveness, and lack of force in the social and political structure, make moderation the keynote of Lovedu social life. Outstanding individuals are not tolerated: a show of forcefulness on the part of a councillor one day, which appealed to us as an indication of efficiency unusual in the society, was apologized for with the excuse that he must have been drunk. Display of all kinds is disliked. The elaborate beadwork and interest in dress, so characteristic of the Zulu, are absent, and there is nothing to correspond to the institutionalized public boasting (*ukugiya*) —jumping and stabbing at an imaginary foe to the accompaniment of a string of praises—that plays so important a role in Zulu life.

Excess of every kind is deprecated. Speed is undignified. Things must be done *ga vuya*, slowly, at a regular pace, in a moderate and dignified manner. Excess in human relations, like heat in the cosmic order, is liable to bring disaster. The reaction to death is calm, quiet grief, not the funeral wail of the Nguni or the terror reaction of the Tsonga. Too much weeping by a mother is believed to call down evil upon the next child born to her. Mputa was born a cripple, because, so we were told, his mother, Makwadu, wept bitterly at the death of her first son. Even in scolding moderation has to be observed, for scolding out of proportion to the offence, can, as we have shown, bring evil, even death.

Quarrelsomeness is one of the worst offences. Congruent with this outlook, the murderer or the warrior who has killed an enemy must purify himself to avoid becoming quarrelsome, the threat of which is so unpalatable as to be a powerful sanction. But quarrels and conflicts do occur on account of temperamental qualities, conflicting interests, and other causes; they are also precipitated sometimes through imperfections in the social